## Ice and Fire Body Contouring Treatment

HOUSE OF NATURE LIVE HEALTHY, HEAL NATURALLY

Slimming and Skin Tightening by combining two technologies

## **Ice Treatment**

(Fat Freezing/cryolipolysis)



Typically 4 or 5 sessions (60 to 90 minute each)

Cooling paddles and suction the skin and suction the skin and successful succ



The fat cells
breakdown and get
removed from the
body via
metabolism



## **Fire Treatment:**

(Warm Ayurvedic powder massage)

Typically 4 or 5 sessions (After 3 to 4 weeks gap)







Safe, effective, painless, non-surgical alternative to liposuction

Consult our doctor(s) for best suited treatment plan for you

